

Pukeatua Press

What's happening in the School
and Community?



Board & School

"The First To Apologise is the Bravest, The First To Forgive is the Strongest, The First to Forget is the Happiest"

Welcome to all the new families who have moved in to Pukeatua Community over the last 10 days or so. We are confident that you will have a great time while you are here. Like the old adage says....It takes a village to raise a child, we hope that neighbours will make themselves known to you and help you become a part of our wonderful community. If you have any questions about the community please feel free to give the school office a call and we will endeavour to answer your questions. Rural Women, Neighbourhood Watch, Keas, Cubs, Scouts, Hall Committee, Playcentre, Memorial Church, Sanctuary Mountain, Pohara Marae are just a few of the local organisations with many more available in neighbouring districts. Locate a "Local" Pukeatua Telephone Book for full details.

Breakfast Facts

The best choices are cheaper, more basic foods - plain cereal and milk, bread and spreads, healthy leftovers. Choices:

- **Everyday** - Weetbix, Cornflakes, Rolled Oats, Bread, Healthy leftovers, Glass of Milk, Yoghurt, Egg
- **Sometimes** - Up & Go, Ricies, Nutri-Grain, Milo Cereal, Spaghetti, Natural Muesli, Oat singles, Sul-tana Bran, Just Right
- **Occasional** - Coco Pops, Toasted Muesli, Cookie Time, Meat Pie, Potato Chips, Fizzy
- **Worst Start** - Empty Plate

Coming Events 2018

June	8	Cross Country at Arohena
	12	Garth, Sport Waikato, Lunch Box!
Jul	4	Gym Sports
	6	Last Day Term 2
Aug	23	E-Z Speech Finals
	24	Tech Arts finish
	31	Senior Winter Sports at Wharepapa
Sept	7	Junior Winter Sports at Wharepapa
Oct	16	Agricultural Day
	19	Group Day
Nov	23	Athletics
Dec	13or14	End of Term 4 (TBC)

Next Newsletter: Thursday 21st June

All items for the next newsletter are due by:
12 noon, Tuesday 19th June 2018

**kick start your day with
BREAKFAST**



Any breakfast is better than none but some choices are better than others!

Great choices:

Porridge, Weetbix and wholegrain toast are low in sugar and have plenty of goodness so are a great start to the day.

Sugar Swaps – remember sugar is not good for your teeth and has no goodness.

Instead of putting sugar on your breakfast cereal, try naturally sweetening it with one of these:

- Yoghurt
- Dried fruit (apricots, sultanas, raisins)
- Fruit (banana, feijoa, canned fruit, berries)



Breakfast helps 'kick-start' your brain and gets you ready for the day!

District Notices



Pukeatua Memorial Church

Anglican Family Communion
Sunday 17th June 11.15am

The Church is available for
Weddings, Funerals and Baptisms
For bookings or enquiries please phone
Kathie on 872-4352

Pukeatua Memorial Church

AGM

Monday 25th June
7.30pm at the Church

Agenda:

- **Minutes of Previous AGM**
- **Reports**
- **Election of Office Holders and Committee**
- **General Business**

All Welcome

Secretary
Martha Bradstreet Ph 872 4879



Welcome To:

Eli Monkley NE,
Blyth Ryan Y1,
Brad Meek Y6,
Amelia Austin Y6

Farwell To:

Ava Campbell-Holmes
Nyla & Blake Lauridsen

The roll now stand at 76

Welcome To Pukeatua

Principals Message



Welcome to the new families to the Pukeatua Community. We hope you enjoy your time in this wonderful part of the country! The school newsletter lets all in our district know what's happening in the school as well as the wider Pukeatua district!

At the moment I'm in Melbourne. 40 plus principals from the Waikato are also here with me. They are visiting other schools as part of a road trip! Officially I am not part of that trip but I did catch up with them! Australian teachers have a lot of the same issues as we face in New Zealand. Their curriculum and compliance issues are different but children are the same! They like NZ teachers are facing more children with different problems! They also realise the job is stressful and cannot be maintained as it is at present without long term health effects! "Wellbeing" is the 'buzzword' at the moment and many areas of society are under more pressure than before. The rural sector no exception!! The message is to look after yourself!

In a few weeks **teachers will attend "Paid Union Meetings"** in Hamilton. It's an important time in for education at present. As well as a review of "Tomorrow's Schools" the time has come for change otherwise we will carry on the same path as we have for the last 25 years! These meetings are scheduled for the afternoon. More information to follow!

It was great to have **Nicky and Harold** from **Life Education** in the school last week! The children really enjoy the visit and they do get a lot out of it! Many realise Harold in a puppet but still want to believe he is real! The mobile classroom has a lot of bells and whistles that have stood the test of time!

Tomorrow we have **Cross-country at Arohena!** We hope the weather is kind as the event will take place whatever! Not all children enjoy this event but most do and try very hard. You may have noticed that the cross country topic was in the media a week or two back. Some call for it to be scrapped. A sign of the times that the younger generation need to be more active and eat more sensibly??

Don the bus driver has noticed an improvement in general bus behaviour over the last few weeks. Thanks to parents who may have talked to their children.

Quote of the Week

Have patience, all things are difficult before they become easy.
Saadi. (1210-1292), major Persian-language poet

Pupils of the Week

Tristen Ramsey, Meela Jacobsen, Niklas Barrowcliffe,
Piripi Whaiapu, Millie Watson, Madeline Holmes.

Principals Award

Ella Little - *Working so well in all areas!*

Tia Johns - *A positive attitude and giving everything a go!*

John McLean - *Principal*

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